

ON INSTRUMENTS AND ENTRY

Insertables, harnesses, and the taking of him — what is used, and how it is used safely

A companion to the Schedule of Limits and On Striking Safely — for adults 18 and over

I. WHY THIS PAGE EXISTS

Houses come to this from two directions, and only one of them is any good.

Some arrive because he asked. Some arrive because she read something and wondered. Either is a fine beginning. What is not a fine beginning is arriving because somebody read that it is humiliating and wanted a fresh way to make a point.

Let that be said before any equipment is named, because it decides how everything below is used. This Covenant already holds a page — On Discipline and Abuse — which draws a line that does not move, and the line is not about what is done but about what it is for and what it leaves behind. A man who is taken because she wants him, and who comes out of it steadier, more open, and closer to her, has been built. A man who is taken so that he will remember he is beneath her, and who comes out of it smaller in a way that follows him into the week, has been reduced, and no amount of ceremony makes it discipline.

Both look identical from the outside. Only one of them is still working in five years.

So the test in this house is the one the library uses everywhere: what is he like on Tuesday. Not during. Not in the twenty minutes afterwards, when everybody is generous. On the Tuesday of the following week, at a meeting, with his own people. If this practice is building him, it shows up there. If it is not, that shows up there too.

II. WHAT MAY BE PUT INSIDE HIM

One rule outranks everything else on this page, and it is not a matter of preference or taste.

Anything that goes into him must have a flared base wider than the widest part of the shaft, and it must be attached to that base solidly.

Not a slight lip. Not a rounded end. A genuine flare, wide enough that it cannot pass. The anus is not a closed space — it draws inward and upward, and an object without a flare does not sit and wait to be retrieved. It travels. Every

hospital in the country deals with this, most weeks, and the procedure to retrieve it is not minor, and the couple concerned always says the same thing: we did not think it would go.

That rule admits no exceptions for excitement, for improvisation, or for anything in the kitchen.

Materials. Non-porous only: medical-grade silicone, stainless steel, borosilicate glass, or hard ABS. Non-porous means it can genuinely be cleaned; porous jelly, PVC and the soft novelty rubbers cannot be sterilised at all, hold bacteria in the material itself, and often contain phthalate softeners nobody should be absorbing through mucous membrane. If it smells of plastic through the packaging, it is not going near him.

Size. Whatever is being imagined, start below it. The house rule here is the same as the house rule everywhere: begin absurdly small and let the progression be boring. There is no achievement in a first evening, and the couples who chase one spend the following fortnight healing instead of playing.

III. LUBRICANT, WHICH IS NOT OPTIONAL

The rectum does not self-lubricate. That single fact governs the whole of this section.

Use a great deal more than seems necessary, reapply far more often than seems necessary, and understand that friction here does not announce itself with pain — the tissue is thin, it tears before it hurts, and small tears are how infections start.

Water-based with silicone toys and with anything worn under a harness. Silicone lubricant with steel or glass if preferred, but never silicone lubricant on silicone toys — it degrades the surface and turns a smooth non-porous instrument into a tacky, porous one.

Nothing from the kitchen. Oils destroy latex, are almost impossible to clean out of the body, and are a well-established route to bacterial trouble.

IV. HYGIENE, PLAINLY

Every instrument is washed before and after, in warm water with unperfumed soap, and dried properly. Steel and glass may be boiled; silicone may be boiled if it is pure silicone with no mechanism inside.

Anything that has been in him does not then go anywhere else without being washed, or without a fresh condom over it. Condoms on toys are not a sign of distrust — they are the fastest way to change what an instrument has touched, and they make cleaning trivial.

Her nails are short and filed smooth on the hand that will be used, and gloves are not squeamishness; they are the difference between a smooth surface and a cuticle.

If he has haemorrhoids, a fissure, or anything currently sore, the evening is postponed. Not modified. Postponed.

V. THE TAKING OF HIM

Now the part the rest of this page exists to make safe.

The harness is fitted and adjusted before either of them is in any state to be careless about it. A harness that shifts is a harness that misdirects, and a first attempt spent hunting is a first attempt neither of them enjoys. She should wear it, alone, for ten minutes on an ordinary evening beforehand and walk around in it, because the geometry is not obvious and it is better learned with the lights on.

He is prepared first, unhurried, with her fingers and a great deal of lubricant, and the preparation is not a formality to be got through. It is the majority of the time. A house that spends five minutes on it will spend the following week apologising.

Position: on his front with a pillow under his hips is the easiest to control and the hardest for him to see, which suits some evenings. On his back is harder work and better for a first time, because she can watch his face, and his face will tell her things his mouth will not.

Entry is his to set the pace of, always, and this is the single most useful arrangement in the whole practice: he pushes back onto her, rather than her pushing into him. He decides the depth and the speed for the first minute. She takes over afterwards, if he wants her to. That first minute prevents almost every injury that occurs in this activity.

Then slow. Slower than feels necessary. Stop entirely at the first sign of resistance and wait rather than press — the body opens by relaxing, not by being overcome, and a hand flat on the small of his back and thirty seconds of stillness will achieve what force never will.

And she watches him. Not the mechanics. Him. Whether his breathing has gone shallow and high, whether his hands have closed, whether he has gone quiet in the wrong way. He is entirely capable of enduring something he is not enjoying because he thinks it is what she wants, and it is her job — not his — to notice.

VI. WHAT IT DOES TO HIM, AND WHY IT IS NOT DEMEANING

There is a great deal of nonsense written about what being taken means about a man.

It means he has an organ that responds to pressure, that this is ordinary anatomy shared by half the population, and that a man who did not find it intense would be the medical curiosity. Nothing about it is feminising, nothing about it comments on what he is, and any house that runs it as though it does has imported a value it does not otherwise hold.

What it actually does — and the reason it earns a page in this library — is that it is the one act in which he cannot participate by performing. He cannot be competent at it. He cannot manage it, direct it, or be excellent at it in the way he is excellent at most things. He can only receive it, and keep breathing, and let her.

That is the same thing the cage does over a week and the same thing the interval between strokes does in an evening: it removes his ability to be in charge of his own experience. Which is why it belongs in this library, and why it is not a novelty.

VII. AFTERWARD

Withdrawal is slower than entry. Always. There is no version of this where the ending is brisk.

He is likely to feel a sensation of urgency for a while, which is normal and passes, and he should be allowed the bathroom without ceremony and without anyone being amusing about it.

Then: warm, clean, dry, and held. The library says this everywhere and it is more true here than anywhere. Something in the way this act lands leaves a man very open for an hour or two afterwards, and men who are ordinarily unreachable will say things in that hour that they have not said in years. She should be there for it, undistracted, and she should not fill it with talking.

Some bleeding of the kind you would describe as a streak, once, is common and not a crisis. Bleeding that continues, bleeding that is more than a streak, pain that persists after everything is out, a fever in the following day or two — those are a doctor, the same day, with the truth told plainly.

VIII. THE CHECK

A short conversation, the next day, with the lights on and both of them dressed. Three questions, in this order.

Was there any of it you did not want and did not say?

Is there anything sore now?

Do you want it again, and if so, what should be different?

The first question is the one that matters, and it is asked every single time, because the whole architecture of this house rests on him being able to say a thing he thinks will disappoint her — and a man is only able to do that if he has been asked, calmly, on an ordinary morning, a great many times before he actually needs to.

A guide only. Not medical advice. For consenting adults, 18 and over. Nothing on this page overrides the Schedule of Limits, the halt word, or On Discipline and Abuse. If something is lost, if there is bleeding that does not stop within minutes, or if pain continues after everything has been withdrawn, stop and get medical help the same day, and tell them the truth about what happened — they have seen it before and their only interest is in helping.