

THE SCHEDULE OF LIMITS

ADDENDUM I

The Daily Ledger and the Hardware Protocols
Companion to the Articles of Submission and Ownership — For Adults 18 and Over

BEFORE THE ARITHMETIC

What follows contains numbers, and numbers read coldly. Read this page first, because the figures mean nothing without it — and a couple who take the arithmetic without the reasoning will take the wrong thing entirely.

These Are Ceilings, Not Instructions

Every figure in this Addendum describes one household's established practice, arrived at over years by two people who know one another's bodies. They are a destination and not a starting point. A number that is ordinary for a man conditioned to it over a long time would injure a man in his third week, and a Regulator who reads these totals as a specification rather than as one couple's ceiling will hurt her husband while believing she is following a document. Begin at a fraction. Build across months. Let the body set the pace, never the paper.

Why There Is a Floor

A perfect day still returns fifty. This is the part most readers misunderstand, so let it be stated plainly: the fifty is not a punishment for succeeding. It is the ritual itself. The reckoning happens nightly whether the day was excellent or wretched, because a reckoning that only occurs after failure teaches a man to manage appearances rather than to keep a standard.

So the floor is the shape of a good day rather than the price of a bad one. Fifty is what success looks like in this house, and it is the number he works toward — everything above it is arithmetic he produced himself. He should be able to calculate his own evening before she reads a single question, and a man who ends his week at or near the floor has earned something rather than merely avoided something.

Why There Is No Option to Skip

Comfort is what erodes a man, and no man reliably chooses difficulty for himself past the first weeks of enthusiasm. Give him a way out and he will find it, dress it in a good reason, and be worse within a season — not because he is weak, but because that is what unenforced standards become in anyone. This is precisely why the standard is held by someone else. The Regulator exists so that the evening does not depend on his appetite for it, and the floor exists so that no version of the day quietly excuses him.

Both ledgers are completed together, nightly, in her hand. That is deliberate. He is not scoring himself and reporting a total; he is answering to a person who watched the day and will not accept a convenient answer. A ledger a man fills in alone becomes fiction within a fortnight.

What the Containment Is For

The hardware serves the same end as the floor, by a different route. Desire that resolves resets to nothing; desire that cannot resolve stays pointed at her. A man in containment does not drift into vagueness — he remains oriented, attentive and willing, because the wanting never discharges and therefore never stops directing him. He will do a great deal to be released, and that surplus is precisely what she has to direct.

Understand it as accumulation rather than deprivation. The steel does not take something from him; it prevents him from spending it, and what is not spent remains available. Everything else in this Addendum — the questions, the totals, the corrections — is the apparatus by which that surplus is pointed somewhere useful rather than allowed to dissipate.

And Both Chose It

None of this is imposed. He chose her as she chose him, and the sacrifice runs in both directions — his in the body, hers in the labour of holding a standard every single evening whether or not she feels like it. The discomfort in these pages is not the point of the arrangement. It is the price two people agreed to pay for something they judged worth the paying.

I. THE PRODUCTIVITY LEDGER

Each evening the Asset submits to a ten-question audit of the day's domestic output, upkeep, and bearing. The Regulator reads each question aloud; the Asset answers honestly, choosing one of four, and she records the score in her own hand. The ledger is not a formality and it is not negotiated after the fact — an answer given is an answer scored.

Scoring

Answer	Points	Mark
A — Yes. Fully completed to standard.	5	
B — Busy. Still actively working on it.	10	
C — Waiting on others. External delay.	15	
D — No. Did not attempt. Lazy default.	20	

The Consequence

The total score sets the correction, delivered to the backside: the score equals the number of paddle strokes, with a floor of 50 and a ceiling of 200. Where the score reaches 100 or above, the cane is introduced — one stroke for every 5 points above 100. A total failure of ten D answers therefore returns 200 paddle and 20 cane by arithmetic alone.

Above the arithmetic sits the household's hard ceiling for the cane: 50 strokes, which no evening may exceed for any reason — not by escalation, not by discretion, not by accumulation of a bad week. The formula reaches 20; the wall stands at 50; the space between belongs to the Regulator's judgement and to nothing else.

The ceiling exists so that the worst possible day is still a known quantity, and the floor so that the best day is still a reckoning. Between them he can calculate his own evening before he is asked — which is the point of a ledger rather than a mood.

The Ten Questions

#	Question	Score
1	Did you complete all assigned household chores and daily domestic duties to a good standard today?	
2	Have you maintained strict dietary requirements and fasting windows without deviation?	
3	Did you handle all personal errands, manual labour, or mechanical upkeep required?	
4	Did you wake on time and maintain a productive, focused routine throughout the entire day?	
5	Did you listen to instructions the first time, without needing to be reminded or told twice?	
6	Did you maintain a positive, eager attitude toward your responsibilities, rather than procrastinating or complaining?	
7	Did you anticipate the physical or logistical needs of the family before I had to voice them?	
8	Have you kept your physical environment — workspace and bathrooms included — clean and organised?	
9	Did you make time to properly prepare meals, drinks, or required comforts, in good time?	
10	Looking at the whole day, at home and at my side: did you operate as an effective and devoted partner, or were you sharp and easily angered?	
	TOTAL FOR TONIGHT	

II. THE PERSONAL DUTY LEDGER

A separate audit governs his direct service, his bearing under containment, and the care of what belongs to her. It is scored more finely, because these are the duties he cannot claim were prevented by circumstance.

Scoring

Answer	Points	Mark
A — Optimal. Exceeded standard.	1	
B — Acceptable. Met standard.	2	
C — Substandard. Required reminding.	4	
D — Failure. Did not perform.	6	

The Consequence

The total equals the number of calibrated corrections applied, floor of 10 and ceiling of 60, administered as the Schedule of Limits prescribes for that instrument — begun well below the agreed intensity and raised deliberately, never opened at force.

The Ten Questions

#	Question	Score
1	Have you kept yourself clean, and presented exactly as I require?	
2	Did you complete the required cleaning and maintenance of your hardware today?	
3	Did you endure the frustration and ache of your containment without sulking or poor attitude?	
4	When given the chance to be close to me, did you focus entirely on me — tender and careful rather than rough?	
5	Did you maintain respect and tone whenever you spoke to me today?	
6	When instructed, did you act promptly and without hesitation?	
7	Have you been completely transparent with me today, hiding no thought, frustration, or wandering focus?	
8	Did you commit your presence fully, or were you engrossed in things that did not matter?	
9	Have you paid close attention to me and to the family, adjusting your attitude to keep us well?	
10	Did your actions today prove, beyond doubt, that we are the centre of your universe?	
	TOTAL FOR TONIGHT	

III. HARDWARE, RELEASE, AND DISPLAY

Absolute Ownership

The hardware and the anatomy within it belong entirely to the Regulator. He may look; he may not interfere, adjust, or touch unless commanded to. They are hers, and his only standing over them is the standing of a keeper.

Release

The cage is unlocked under three conditions only: when a child is being sought; for hygiene and deep cleaning as Appendix A requires; and at the Regulator's unquestioned discretion, whenever she judges it needed. There is no fourth condition, and there is no petition.

Arousal and Teasing

She may keep him locked as long as she pleases, tease him as she pleases, and bring him to leaking as often as she pleases. She may require him bare about the house, and handle what is hers at whim. Display within the home is encouraged: the anatomy breathes better unclothed, and being kept on view reinforces what he is.

Discretion Beyond the Door

What is ordinary within the house is not ordinary outside it. Display in any place where another person may see him — including through a car window — carries real legal consequence in most jurisdictions, and consent between husband and wife is no defence to a stranger's complaint. The Protocols of the Public Theatre govern outside these walls: invisible architecture, nothing to see. Where he is on display in transit, a cover remains within immediate reach, he does not touch while the vehicle is moving, and the rule is that no one but she ever knows.

IV. IMPLEMENTS AND THEIR ROTATION

Which implement carries the count matters as much as the count itself, and most couples never consider it. Wood delivers a sharp, concentrated sting with little spread; leather distributes the same force across a wider area, building heat rather than bite. A long count served entirely on wood is a different and far heavier event than the same number served on leather, whatever the ledger says.

Within the Evening

The proven order is sharp first, broad after: the wooden paddle while the skin is fresh and can take concentrated work, then the leather for the bulk of the count once warmth is established. Fifty on wood followed by a hundred and fifty on leather is a well-built session; two hundred on wood is not the same sentence and should never be treated as though it were.

Across the Week

Rotate. Different implements load tissue differently, and alternating them allows one kind of loading to recover while another carries the count — which is the single greatest factor in whether a nightly practice survives months rather than weeks. A week that is leather on most nights, wood on some, and something lighter on others will sustain indefinitely where an unvaried week will not.

The Cane Stands Outside

The cane is not part of any rotation. It is an escalation instrument, brought out by the score and not by the calendar, and it is understood by both parties to be of a different order: it is designed to hurt greatly, it marks readily, and it will break skin more easily than anything else in the house. Where skin is broken, the correction stops for that night; broken skin also carries an infection risk that a bruise does not, and it must be cleaned, left uncovered by anything tight, and given days rather than hours.

V. ON AUTONOMY AND RISK

The opening pages state that these figures are a baseline rather than a prescription. That bears repeating here, now that the numbers have been read: begin at a fraction, build across months, and let the body rather than the paper set the pace.

Equally, no couple is bound by these ceilings in the other direction. Another household may set them higher, and that is their business; this is a guide and nothing more. But understand the exchange plainly: as the numbers rise, so does the risk, and the responsibility rises with it. Every figure above a baseline is one the two of you have chosen to carry, and it is carried by you — not by any document, and not by whoever wrote one.

What does not move, at any figure, is the principle underneath. You are responsible for one another. She is responsible for his body; he is responsible for telling her the truth about it. Damage stops the count, every time, at any number, however good the reason for continuing. That is the whole of the law here, and no ceiling in this house — theirs, yours, or anyone's — sits above it.

VI. THE GOVERNING NOTE

This Addendum sets numbers. The Schedule of Limits sets whether they may be served tonight, and where the two disagree, the Schedule prevails. Nothing below reduces the Regulator's authority; it defines the conditions under which her authority is exercised on a body she intends to keep using.

Skin Before Score

Before any correction, she inspects. Where the marks of previous nights have not faded, where the skin is broken or thinned, or where a bruise is deep rather than surface, that area is not struck again until it has recovered. Cumulative loading, not any single session, is how lasting harm occurs — the tissue must be allowed to rebuild between corrections, and a body worked nightly without recovery will eventually fail rather than harden.

The Cane in Practice

The cane does not run on consecutive nights, and does not fall on skin still marked from the last time it was used. Where the ledger calls for the cane on a night the skin cannot take it, the cane portion is deferred and the paddle portion served alone; the debt is recorded and paid when the body is fit for it. A deferred sentence is not a forgiven one.

Rest Nights

At least one night in seven carries no impact correction, and the ledger on that night is read, scored, and recorded without being served. The reckoning still happens; only the striking pauses. The Regulator sets which night, and may set more.

The Duty Ledger's Limits

Corrections to the anatomy are never applied to tissue already swollen, discoloured, or tender beyond the ordinary ache of containment. Nausea, faintness, sharp or radiating pain, unusual swelling, or any change of colour ends the count immediately, whatever the arithmetic said, and the remainder is not owed. The Schedule's stop signs are not overridden by a total.

Honesty Protected

The ledger only works if he answers truthfully, and he will not answer truthfully if honesty costs more than concealment. Therefore: a D answered honestly is scored as a D and nothing further. A failure concealed and later discovered is a matter for the Annex On Breach, not for tonight's arithmetic. She should say this aloud, more than once, until he believes it.

Above All

The halt signals govern this Addendum as they govern every page of this library, in the middle of a count as much as at its beginning, and their use is never punished, never priced, and never remembered against him.

The ledger sets the number. The Schedule decides whether the body may receive it tonight.

A guide only. Not medical advice. For consenting adults, 18 and over.